

Dai Ikkyo

大外刈	O Soto Gari <i>(Major Outer Reap)</i>	
大内刈	O Uchi Gari <i>(Major Inner Reap)</i>	
大腰	O Goshi <i>(Major Hip Throw)</i>	
一本背負投	Ippon Seoi Nage <i>(One Arm Shoulder Throw)</i>	
支釣込足	Sasae Tsuri Komi Ashi <i>(Foot Stop Throw)</i>	

出足払	De Ashi Harai <i>(Advancing Foot Sweep)</i>	
膝車	Hiza Garuma <i>(Knee Wheel)</i>	
浮腰	Uki Goshi <i>(Floating Hip)</i>	




Dai Nikyo

小外刈	Ko Soto Gari <i>(Minor Outer Reap)</i>	
小内刈	Ko Uchi Gari <i>(Minor Inner Reap)</i>	
腰車	Koshi Guruma <i>(Hip Wheel)</i>	
送足払	Okuri Ashi Harai <i>(Gathering Foot Sweep)</i>	
体落	Tai Otoshi <i>(Body Drop)</i>	

釣込腰	Tsuri Komi Goshi <i>(Lifting Pulling Hip)</i>	
払腰	Harai Goshi <i>(Sweeping Hip)</i>	
内股	Uchi Mata <i>(Inside Thigh Throw)</i>	

Dai Sankyo

小外掛	Ko Soto Gake <i>(Minor Outer Hook)</i>	
釣腰	Tsuri Goshi <i>(Pulling Hip)</i>	
横落	Yoko Otoshi <i>(Side Body Drop)</i>	
足車	Ashi Guruma <i>(Leg Wheel)</i>	
巴投	Tomoe Nage <i>(Circle Throw)</i>	

払釣込足	Harai Tsuri Komi Ashi <i>(Sweeping Lifting Pulling Sweep)</i>	
肩車	Kata Guruma <i>(Shoulder Wheel)</i>	
跳ね腰	Hane Goshi <i>(Springing Hip)</i>	

Dai Yonkyo

隅返	Sumi Gaeshi <i>(Corner Throw)</i>	An illustration showing a blue judo gi practitioner performing a corner throw on a white gi practitioner. The blue gi practitioner is in a low, wide stance, pulling the white gi practitioner towards the corner of the mat.
谷落	Tani Otoshi <i>(Valley Drop)</i>	An illustration showing a blue gi practitioner performing a valley drop on a white gi practitioner. The blue gi practitioner is in a low stance, pulling the white gi practitioner down towards the ground.
大車	O Guruma <i>(Major Wheel)</i>	An illustration showing a blue gi practitioner performing a major wheel on a white gi practitioner. The blue gi practitioner is in a low stance, pulling the white gi practitioner over their shoulder.
掬投	Sukui Nage <i>(Scooping Throw)</i>	An illustration showing a blue gi practitioner performing a scooping throw on a white gi practitioner. The blue gi practitioner is in a low stance, scooping up the white gi practitioner from the side.
浮落	Uki Otoshi <i>(Floating Body Drop)</i>	An illustration showing a blue gi practitioner performing a floating body drop on a white gi practitioner. The blue gi practitioner is in a low stance, pulling the white gi practitioner down towards the ground.

跳巻込	Hane Makikomi <i>(Springing Winding Pulling Throw)</i>	An illustration showing a blue gi practitioner performing a springing winding pulling throw on a white gi practitioner. The blue gi practitioner is in a low stance, pulling the white gi practitioner over their shoulder.
外巻込	Soto Makikomi <i>(Outside Winding Pulling Throw)</i>	An illustration showing a blue gi practitioner performing an outside winding pulling throw on a white gi practitioner. The blue gi practitioner is in a low stance, pulling the white gi practitioner over their shoulder.
移腰	Utsuri Goshi <i>(Changing Hip)</i>	An illustration showing a blue gi practitioner performing a changing hip throw on a white gi practitioner. The blue gi practitioner is in a low stance, pulling the white gi practitioner over their hip.

Dai Gokyo

大外車	O Soto Guruma <i>(Major Outer Wheel)</i>	
浮技	Uki Waza <i>(Floating Technique)</i>	
横分	Yoko Wakare <i>(Side Separation)</i>	
横車	Yoko Guruma <i>(Side Wheel)</i>	
裏投	Ura Nage <i>(Rear Throw)</i>	

後腰	Ushiro Goshi <i>(Backward Hip)</i>	
隅落	Sumi Otoshi <i>(Corner Body Drop)</i>	
横掛	Yoko Gake <i>(Side Hook)</i>	